

TURKEY THICKET AQUATIC CENTER 1100 MICHIGAN AVE NE WASHINGTON DC 20017 202-576-9235 or 202-576-9236 Mon-Fri 6:30am-10:00am & 1:00pm-5:00pm Sat 12:00pm-5:00pm Sun CLOSED

July 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		I Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9-45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5-45-6:15pm LTS Adult L3: 6-45-7:15pm Deep Shallow Water Aerobics 6:30-7:30pm	2 Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	3 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9-45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5-45-6:15pm LTS Adult L3: 6-45-7:15pm Deep Shallow Water Aerobics 6:30-7:30pm	Independence Day POOL CLOSED	5 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am
6	7 **Registration @6:30am** Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	8 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L3: 6:45-7:15pm Deep Shallow Water Aerobics 6:30-7:30pm	9 Senior Aerobics 8-9am Senior Aerobics 9-10am	10 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Deep Shallow Water Aerobics 6:30-7:30pm	11 Senior Aerobics 8-9am Senior Aerobics 9-10am	12 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am
13	14 LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	15 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5-45-6:15pm LTS Adult L3: 6-45-7:15pm Deep Shallow Water Aerobics 6:30-7:30pm	16 LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	17 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5-45-6:15pm LTS Adult L3: 6-45-7:15pm Deep Shallow Water Aerobics 6:30-7:30pm	18	19 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am
20	21 Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	22 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Deep Shallow Water Aerobics 6:30-7:30pm	23 Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	24 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Deep Shallow Water Aerobics 6:30-7:30pm	25 Senior Aerobics 8-9am Senior Aerobics 9-10am	26 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Parent & Child C: 11:00-11:30am
27	28 Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	29 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Deep Shallow Water Aerobics 6:30-7:30pm	30 Senior Aerobics 8-9am Senior Aerobics 9-10am LTS Child L1: 5-5:30pm LTS Child L2: 5:45-6:15pm LTS Child L3: 6:30-7:15pm	31 Deep Shallow Water Aerobics 7:00-7:45am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adult L3: 6:45-7:15pm Deep Shallow Water Aerobics 6:30-7:30pm		